

**Grieving the death of a love one or do you know someone who is?** Find help, encouragement and comfort at **GRIEFSHARE**. Weekly group sessions start February 5th at 1:00 or 7:00 pm. Also teen's session of grief available. **GRIEFSHARE** is completely FREE. However the participant's workbooks are \$20.00. **Contact Berean Christian Church, 1465 Highpoint Road, Snellville GA 30078. 678-240-2213**

**Gwinnett Senior Learning Center COMPUTER CLASSES FOR SENIORS 50 + Online** Spring Registration is available at [www.gsrlc.org](http://www.gsrlc.org) by mid-February, 2019 until March 17, 2019. Then will reopen March 22, 2019. **Onsite** Registrations are held at Bethesda Senior Center, 225 Bethesda Church Road, Lawrenceville, GA on Tuesday, March 19, 2019 from 10am-11 am and at George Pierce Senior Center, 55 Buford Hwy, Suwanee, GA on Thursday, March 21, 2019 from 10am -11am. Any questions leave a voice mail message at 770-564-4699.

**Do you want to do all you can to improve the world?** In Atlanta at the end of March is an illuminating course that explains the underlying causes of the world's challenges and offers unique tools to address them. You will need some advance preparation. For more information, call Jim Rogers 513-328-0179. **Be the change!**

**SAVE THE DATE: STEPS TO HOMEOWNERS WORKSHOP,** Saturday March 9th, from 9:30am-1:00pm. Get ready to purchase a home in 2019; educational workshop provided by real estate professionals in community. Workshop is free and open to the public. Contact Christy at 470-236-1306 for more info. Registration required at [bit.ly/home0309](http://bit.ly/home0309)

**GO KICKBALL -- Make 2019 the year to get active AND social - join GO Kickball this Spring!** GO combines the fun-for-all sport of kickball with a social aspect that's unmatched, creating an enjoyable way for adults to meet new people, grow relationships, and stay active in a comfortable, non-intimidating atmosphere. **Registration for Spring is OPEN and will close March 11th. Visit GOKickball.com** for more info.

**ART Station Theatre presents "Lewis Grizzard: In His Own Words"** on February 1 and 2 at 8 pm and February 3 at 3 pm. The show honors the late Lewis Grizzard with stand-up comedy and selections from his books and columns. Only three performances available. **Call 770-469-1105 for reservations or visit [www.artstation.org](http://www.artstation.org)**

**Discovering the Book of Job Through Art --** Sunday Morning, February 2019 --- 9:15am - 10:15am **Join Bethany Apelquist as we explore how different art forms are used to depict the message found in the Book of Job.** Worship following the class at 10:30am **First Christian Church of Decatur** 601 W. Ponce de Leon Ave., Decatur, GA 30030 404-378-3621 [fccdecaur@gmail.com](mailto:fccdecaur@gmail.com)

**Scribblers-Norcross meets at 6:00 PM on the 3rd Thursday of each month (February 21st)** at "The Crossing Steakhouse" located at the Old Norcross Train Station at 40 S Peachtree St, Norcross, GA 30071. Call Charles de Andrade at 772-584-1578 for additional information.

**ART Station Theatre presents "Spit Like A Big Girl"** a new play by Clarinda Ross, February 15 - February 24. The play is a comic look at the world from a wacky and uniquely Southern viewfinder. **Call 770 469 1105 or visit [www.artstation.org](http://www.artstation.org)**

**DEMENTIA SKILLS FAMILY EDUCATION SERIES: The Loving Approach Family Education Series** will equip you with invaluable knowledge, offer direction, and guidance, and provide a community forum for questions and discussion. The multi-part series is FREE of charge and open to family members

and caregivers of persons with brain change. The series will be held once a month on Wednesday's from 7:00pm-8:30pm at Oak Grove United Methodist Church, 1722 Oak Grove Rd, Decatur. DATES: Feb 20, Mar 20, April 17, and May 15. Come to one or all, for more details visit: [www.orchardseniorliving.com/brookhaven](http://www.orchardseniorliving.com/brookhaven) Registration is requested at [wecare@orchardseniorliving.com](http://wecare@orchardseniorliving.com) or call 404-775-0488.

Christian Fellowship for 30 to mid 40 year olds. It meets at Luxomni Baptist Church (175 Luxomni Rd. Lilburn) at 6:00pm on Sunday. We will be doing a study on Healthy Relationships. For more info call Jack at 404-428-9526.

**NAMI DeKalb is hosting Family-to-Family a FREE 12- week course for family caregivers of individuals with serious mental health condition.** The course is taught by trained family members and focuses on schizophrenia, bipolar disorder, major depression, panic disorder, borderline personality disorder, posttraumatic stress disorder and obsessive-compulsive disorder. **Education program starts soon contact Dianne Hiltman at [namidianehiltman@gmail.com](mailto:namidianehiltman@gmail.com) or 678-468-9430 [www.namidekalb.com](http://www.namidekalb.com)**

**GO SPORTS UNLIMITED -- New year, New sports, New GO!** Join GO Sports Unlimited this Spring and get the same high-quality, award winning experience that is GO Kickball through many other social sports! It's an enjoyable way to meet new people, grow relationships and stay active. **Registration for Spring is OPEN and will close March 11th. Visit [GOSportsUnlimited.com](http://GOSportsUnlimited.com)** for more info.

**NAMI DeKalb is hosting Connections (Peer) Support Groups** for those living with mental health conditions, and Family Support Groups for family members. **Please join us at any of our free support groups; times and locations on our website: [www.namidekalb.com](http://www.namidekalb.com).**

**Wealthy Habits camps are designed to empower students (ages 11+)** with the tools and knowledge necessary to make smart financial decisions! Camps are fun and create a lasting impact on student's thoughts about money that both students and parents will love! **To register visit: [www.WealthyHabits.org](http://www.WealthyHabits.org). Coupon Code: WHHOME for 10% off**

**MEMOIR WRITING WORKSHOP** Have you always wanted to write a memoir about your life but struggled with structure? Come socialize with likeminded folks at Downtown Sandwich Shoppe in Duluth and work one-on-one with an experienced editor! For more details on upcoming events, visit [meetup.com/supportedsuccess](http://meetup.com/supportedsuccess) or contact the organizer (Abigail Davis) at **770.864.2124**

**JOB NETWORK.** Are you unemployed and searching for a job, or anticipating a job change? We have a team in place to help you define your skills, to give opportunities for you to hear job search techniques, and to broaden your network of contacts. We meet at **Parkview Church**, located at 4875 Lilburn-Stone Mountain Rd., Lilburn, on the **first Saturday of each month, from 9:00-10:30am. For more information, call Crayton at 404-697-7547.**

**Healing After "I Don't"--Divorce Support Group** If you are considering, in the middle of, or have experienced divorce and would like to start the process of healing, please contact Lisa Wilson, facilitator and Sage Center Counselor at [lisaywilsonlapc@gmail.com](mailto:lisaywilsonlapc@gmail.com) or 678-902-5472. Meetings are held on the **1st and 3rd Thursdays from 7:00 pm - 8:30 pm** and the **2nd and 4th Saturdays from 11:30 am - 1:00 pm.** Cost: \$20/session. To learn more about Sage Center's services, go to [www.SageCenterAtlanta.com](http://www.SageCenterAtlanta.com).

**VOLUNTEERS NEEDED:** *Jewish Family & Career Services'* **One Good Deed Program** is looking for caring, compassionate individuals to visit twice a month with older adults. One Good Deed volunteers help their older friend with simple tasks, running errands, having lunch or simply visiting, **to create a bond that impacts both the volunteer and their older adult in ways that can't be measured!** For more information, visit [www.jfcsatl.org/onegooddeed](http://www.jfcsatl.org/onegooddeed) or call **Sharon at 404-274-2431.**

HALCYON HOSPICE hosts a Bereavement Support Group. This is a place where you can be with others processing through grief, each feeling for the other and supporting each other. Just come as you wish ~ we're here for you. Please meet us at Arbor Terrace, 425 Winn Way, Decatur, GA 30030 In the Sunroom~2nd Floor on the Last Thursday of Each Month 10am-11:30am. For additional information contact Melvin Bell at 404-801-6935

**WE LOVE OUR VOLUNTEERS:** Halcyon Hospice is looking for compassionate and caring people looking to enrich the lives of hospice patients and their families. Our volunteer provide companionship, music and pet therapy, caregiver relief etc. For more information please contact our Volunteer Coordinator, Terry Preston at 678-651-1440.

**Become a Mediator -- Have you ever thought about being a professional mediator?** Do you have natural skills helping people through difficult situations? Become a registered mediator for the State of Georgia. **Enter the exciting career of mediation by attending the next Georgia Approved 40 hrs training class.** Call **Dr. Rick Voyles** at 404-991-0072 or visit [www.centerfordisputesolutions.com/calendar/](http://www.centerfordisputesolutions.com/calendar/)

**Joe Evans Respite Care Center...Are you tired? Do you need some help with your senior adult? Come take a look at our center!** We are open from 10am thru 3 pm Tuesdays thru Thursdays. \$30 per day including morning snack and hot lunch. **Call us! Helen Wilborn, Director 404-317-0613** or [hwilborn@eastminster.us](mailto:hwilborn@eastminster.us) [www.eastminster.us](http://www.eastminster.us)

**OVER 55? Join Lifespan Resources.** Got four hours to give? Take an elder to the doctor. Become an **MET volunteer driver** and exercise your heart. Still learning? Fun in the Session has classes on travel, history, authors and technology. Sign up for **Lifespan Academy** and exercise your brain. All about us at [lifespanatlanta.org](http://lifespanatlanta.org). Call 404-237-7307.

**DANCE \* MUSIC \* THEATRE \* ART** *Academy of Arts - Smoke Rise Baptist* 5901 Hugh Howell Road in Stone Mountain [www.smokerisebaptist.org/arts](http://www.smokerisebaptist.org/arts) 678-533-0562 [artsacademy@smokerisebaptist.org](mailto:artsacademy@smokerisebaptist.org)

**Become an AARP Driver Safety Course Instructor!** As a volunteer instructor you will organize and teach Driver Safety courses at community centers, libraries, hospitals or senior centers. **All teaching materials and resources will be provided.** Feel good in helping to build communities of safe drivers. To volunteer as instructor or find a class near you please visit <http://www.aarp.org/drive>.



To place a listing, please use the contact form at:  
**[hometownnewsatlanta.com](http://hometownnewsatlanta.com)**  
or call **770-938-8506**